

# LIVING LEAN



**When Down Sizing Becomes a Way of Life**

**By: Cathy Egan Moinester**

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## **DEDICATION**

This work is dedicated to my Mother, Alice Lois, who taught me to be true: do honestly with no airs; be down-to-earth, and tell it like it is.

She also thought whatever I did was marvelous-even when it was sideways.

Thank you Mom!



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